

Some of our dishes can be made suitable for Gluten free, Vegetarians & Vegans. These dishes have been marked available & listed as Gf, V & Ve available. Please remember to inform us when placing your order.

**Gf** DENOTES GLUTEN FREE - NO GLUTEN PROTEINS

**Ve** DENOTES VEGAN - NO ANIMAL PRODUCTS

**V** DENOTES VEGETARIAN - NO MEAT OR FISH PRODUCTS

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## LUNCH MENU

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### STARTERS £4

#### ARANCINI

Minature Sicilian breaded rice balls with Bolognese served with a four cheese sauce

**V Gf** **FORMAGGIO DI CAPRA**

Baked goat's cheese with honey, walnuts, beetroot carpaccio with caesar dressing

#### CALAMARI FRITTI

Crispy panko breaded squid rings served with a lemon and garlic aioli

**V** **ZUPPA DI POMODORO** (Gf & Ve available)

Cream of tomato & basil soup served with crusty Italian bread

**V** **BRUSCHETTA CLASSICA** (Gf & Ve available)

Two slices of toasted ciabatta topped with garlic, diced tomatoes and onions

**BRUSCHETTA DI MANZO** (£1 supplement)

Two slices of toasted ciabatta topped with slow cooked beef, honey mustard, rocket & Parmesan

**V** **FUNGHI SALTATE** (Gf & Ve available)

Sautéed cup mushrooms infused with truffle oil served in garlic and butter sauce with ciabatta

**V** **ZUPPA DI CAVOLFIORE** (Gf & Ve available)

Cream of cauliflower and potato soup served with crusty Italian bread

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### CHOOSE A PASTA & SAUCE £8

#### RIGATONI SPAGHETTI TAGLIATELLE GNOCCHI

Most of our pastas & sauces can be made suitable for gluten free & vegans on request.

Our 'Tagliatelle' pasta is the only exception as this is made with eggs.

**V** **AGLIO, OLIO E PEPERONCINO**

Roasted chilli, garlic & parsley butter  
(Add King Prawns £3)

**V** **ARRABBIATA**

A spicy tomato sauce with garlic, fresh chillies and a basil pesto (Add Chicken £2.50)

**V** **FUNGHI SAUCE**

Sautéed mushrooms, garlic & spinach in a blue cheese sauce (Add Beef or Chicken £2.50)

**V** **NORMA**

Aubergines with red onions, tomato sauce & Pecorino cheese (Add Tuscan sausage for £2.50)

#### RAGÙ BOLOGNESE

Made with a selection of meat & mince, fresh basil & Italian cheeses

#### AMATRICIANA

Tomato sauce with pancetta, onion, chilli flakes and Pecorino cheese

#### CARBONARA

Crispy smoked pancetta, egg yolk, Italian cheese, black pepper and parsley

**V** **GENOVESE**

Green beans, diced potatoes in a creamy pesto sauce (Add Chicken £2.50)

#### PUGLIESE

Cherry tomatoes, pancetta broccoli, chilli, garlic & cream sauce (Add Tuscan sausage for £2.50)

**V** **SAN MARZANO**

San Marzano tomato sauce, fresh basil & Parmesan cheese (Add Chicken £2.50)



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## MAIN COURSES £12.00

### AGNELLO (Gf available)

Three fresh Welsh lamb cutlets with a sweet tomato, chilli and mint sauce, served with creamed potatoes

### COTOLETTA DI POLLO

Breaded chicken escalope topped with melted mozzarella, Parmesan & tomato sauce served with a mixed salad and fries

### RISOTTO AI FRUTTI DI MARE (Gf available)

Mixed seafood risotto infused with garlic, white wine, butter, Parmesan cheese & parsley

### POLLO ROMANO (Gf available)

Roasted chicken breast with a creamy mushroom & rosemary sauce topped with fresh wild rocket and roasted potatoes

### V STROGANOFF CON

#### FUNGHI (Gf & Vegan available)

Mixed vegetable stroganoff infused with rosemary, served with a mushroom sauce & creamed potatoes  
(Add slow cooked beef £2.50)

### BISTECCA ALLA GRIGLIA (Gf available)

Thinly beaten out rib eye steak (served pink) with garlic butter, fried mushrooms, fries and salad (£3 supplement)

### FRITTO MISTO

Fresh selection of mixed fish with beer battered courgettes, fries, fresh mixed salad and a lemon & garlic aioli dip

### IMPEPATA DI COZZE (Gf available)

Sautéed mussels with garlic, white wine & fresh herbs served with toasted ciabatta (or choose in tomato sauce)

### POLPETTE

Neapolitan style meatballs in tomato sauce topped with basil, mozzarella & Parmesan, served with salad, fries & ciabatta

### V VERDURE ALLA

#### PARMIGIANA (Gf & Vegan available)

Rolled courgettes & aubergines layered with spinach, ricotta cheeses & tomato sauce, served with salad & toasted bread

Fries, Mixed Vegetables or House Salad (£2.50 each)

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## 10" LUNCH PIZZA'S £8.50

### CAMPAGNA

Pepperoni, Tuscan Sausage, Ham & Mushrooms

### COSA NOSTRA

Nduja, pepperoni, pancetta, peppers & chillies

### V QUATTRO FORMAGGI

Four cheese with asparagus & chilli jam

### V CAPRA ROMANA

Goat's cheese, spinach, caramelised onions & garlic

### DIAVOLA

Spicy Italian salami, extra mozzarella, Parmesan & chilli oil

### REGINA

Ham, black olives and mushrooms

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## DESSERTS £4

### BIGNE

White chocolate profiteroles filled with delicious milk chocolate cream filling

### PANNA COTTA

A classic homemade Italian cooked cream with a passionfruit coulis and lime zest

### CANNOLI SICILIANI

Pastry tube with sweet ricotta, cinnamon, fresh orange & chocolate chips

### TIRAMISU

Savoiardi biscuits soaked in espresso with cream and amaretto biscuits

